



# YORBA LINDA LIGHTS

THE NEWSLETTER OF THE YORBA LINDA WOMAN'S CLUB



FEBRUARY 2023 | VOLUME 53 | ISSUE 7



## DATES TO REMEMBER

- 2/9 – Board Meeting/ Clubroom 7 p.m.
- 2/11 – Quartermania! District Fundraiser
- 2/16 – General Meeting/ Yorba Room  
Social 6 p.m. Meeting 7 p.m.
- 2/24– Newsletter Articles Due for December



## REMINDERS

- 2/2 – Sew Kind/Clubroom 1 p.m.
- 2/7 – Book Club/Clubroom 9:30 a.m.
- 2/8 – Socialite Lunch 11:30 a.m.
- 2/9 – Threads of Love 1 p.m.
- 2/23 – Socialite Dinner 6 p.m.



## BIRTHDAYS

- 2/1 - Beth Haney
- 2/6 - Edie Isreal
- 2/8 - Jackie McPheeters
- 2/14 - Lucy Huerta
- 2/20 - Ruth Gruchow
- 2/24 - Felicia Huynh



A MEMBER OF THE GENERAL FEDERATION OF WOMEN'S CLUBS  
INTERNATIONAL & CALIFORNIA FEDERATION OF WOMEN'S CLUBS





# *Happy Birthday YLWC!*

*Let's Celebrate our 111 years together  
on  
February 16th  
at our  
General Meeting  
7:00 p.m.*

*Our guests include:  
CFWC President Barbara Briley Beard and  
CFWC Orange District President Sandy Tessier*



# *A letter from the President*

## **THINK POSITIVE, BE POSITIVE**

*"Our birthday is not just a date on the calendar, it's a reminder of how far we've come, and much further we plan to go!"*

### **Happy Birthday!**

February is our club's birthday, and we are 111 years young! We will be celebrating our past presidents and our club's achievements on February 16. We are honored to have CFWC President Barbara Briley Beard and CFWC Orange District President Sandy Tessier attending.

### **Just a few special notes from our history:**

February 22, 1912, was the first meeting of the Federation of Women which eventually became the Yorba Linda Woman's Club. Mrs. Julia Vernon was the first president, and Hannah Milhous Nixon was a founding member.

- On May 5, 1930, the club had its first fundraiser as a flower show.
- In 1967, the Yorba Linda Woman's Club was instrumental in having Yorba Linda designated as a bird sanctuary.
- In 2021, we gifted the Yorba Linda Public Library with our Legacy Rose Garden.
- Our first Craft Fair was held in 1995.

The many projects and service hours by our members are too many to list, but the results are remarkable! I am looking forward to how much further we can go!



*Kaycee Stack*  
President





*A message from*



**DOTTIE JENSEN**

1st VP (Dean)

## PROGRAMS AND PROJECTS

The first month of 2023 is over. Hopefully, you followed your New Year's Resolutions.

I want to thank all the Program/Project Chairmen and 2nd and 3rd VPs for the wonderful reports you filed for 2022. We sponsored 58 projects and 10,000 volunteer hours and raised \$57,554 plus \$33,933 in in-kind donations. We should all be proud.

Now let's get moving with fun, productive activities for February. Please continue to support our projects. If you are looking for some way to give back to the community, please get in touch with me. I will direct you to our program chairmen.

*Dottie Jensen*

1st VP (Dean)

*Happy  
Valentine's  
Day!*





*A message from*



**NIKKI WARE + NICOLE LEYVA**

2nd VP Membership Co-Chairmen

## WE WANT YOU BACK

It's almost time to kick off our **Membership Drive!** At the February General Meeting, Nicole and I will be showcasing our Membership Drive and your chance to win some prizes. Do you have a neighbor who is looking to get involved in the community, or a relative who is ready to get involved with a charity, or possibly a friend who is looking to make some new friends? Then send them our way! Bring a friend to the February or March General Meetings and earn one (1) raffle ticket. **Renew your membership before the March General Meeting and earn two (2) raffle tickets.** (Watch for membership renewal details in the March newsletter.) Bring in a new member and earn three (3) raffle tickets. Drawing and prizes will be given away at the April General Meeting.

*Nikki Ware & Nicole Leyva*

2nd VP Membership Co-Chairmen

*Don't miss out...*

You're invited  
to attend our

### **Socialite Lunch**

RSVP to [Cindy De Mint](#)

### **Socialite Dinner**

RSVP to [Nancy Capel](#) or  
[Lucy Huerta](#)

**RSVPs are a must for Socialites!**

Don't forget to wear your  
name badge!

*Socialite*

Join us for Lunch

February 8 | 11:30 a.m.

**Esther's Taco House**

2001 E Orangethorpe Ave.  
Placentia

Join us for Dinner

February 23 | 6 p.m.

**Fish in a Bottle**

1205 E. Imperial Hwy.  
Placentia



*Volunteers Needed*



**CAROLINE WAHLSTROM**

3rd VP - Ways and Means

## SPRING CRAFT FAIR 2023

The planning of our Spring Craft Fair is well underway. On Friday, January 20th, invoices were sent to 150 vendors. They had a due date of January 31st to pay the fee. After that date, we invited new vendors.

After our General Meeting, we made a Facebook and Instagram post indicating that we had spaces available. In 48 hours, we had over 18 brand-new vendors join our waitlist. Fantastic!

I am so excited that Loui Cronholm agreed to head our new "liaison" program. As I indicated at the General Meeting, the goal is to support the vendors who are there by themselves and need breaks. She is coming up with a plan, and I want to encourage members to join her team.

Please contact Lucy Huerta to sign up for a shift for the Craft Fair. We need volunteers. Some of you were able to do so at the General Meeting and will be able to sign up at the February General meeting. If you cannot come to either meeting, you still have a responsibility to work a shift. So please contact Lucy at [lucyhuerta@ymail.com](mailto:lucyhuerta@ymail.com).

We are looking for contributions of drinks for the fair. We welcome donations of cases of water, sodas (Coke, Diet Coke, Sprite), and iced tea (6 packs). Please bring all donations to our February General Meeting. Lorrie Fennell, who is running the kitchen, would be most appreciative.

Finally, we are looking for donations of gift cards for our Opportunity baskets. If you have any questions or connections, please let Cindy De Mint know. We really like having a gift card tree that attracts lots of attention and encourages people to buy raffle tickets.

The craft fairs are our biggest fundraisers and, by becoming a member of our woman's club, we have agreed to work and support it. I am looking forward to having all of you help out on March 11th and 12th.

*Caroline Wahlstrom*

3rd VP - Ways and Means

### **Yorba Linda Woman's Club**

#### **2023 SPRING CRAFT FAIR**

**FREE ADMISSION + PARKING  
OVER 160 VENDORS**

March 11	⋮	March 12
9 a.m.-4 p.m.	⋮	10 a.m.-4 p.m.

**YORBA LINDA COMMUNITY CENTER**  
4501 Casa Loma Ave.  
Yorba Linda, CA 92886





*A message from*



**DEBBI PURPURA**

Director of Finance

## FINANCIAL UPDATE

The Board met in November and January and recommended to the general members that we allocate \$1000.00 more to the Teachers Grant Project, \$50.00 to the Girl Scout Troop 3282, \$1000 to the George Key School, \$500.00 to JOYA, and an additional \$2,500.00 to Art Scholarships.

We will have a budget meeting after the Spring Craft Fair to decide how to change the budget. We will know how much money we can divide between projects at that time.

Beginning Register Balance	<b>\$52,394.53</b>
Deposits	-0-
Checks	(1,128.24)
Register Balance 12/31/2022	<b>\$51,266.29</b>
Uncleared Items	1,378.24
Bank Balance 12/31/22	<b>\$52,644.53</b>

*Debbi Purpura*

Director of Finance

**NO BUNCO  
IN FEBRUARY**

**YORBA LINDA  
COMMUNITY CENTER  
CLUBROOM**

4501 CASA LOMA AVE.  
YORBA LINDA, CA 92886

**OUR NEXT BUNCO EVENING:  
MARCH 14TH  
AT 7:00 P.M.**





*Congratulations  
Dottie!!*



**LOUISE HERNANDEZ**

Orange District Leadership  
Chairman

## LEADS

### Leadership, Education and Development Seminar

In the Fall, each of the 20 women's clubs in the Orange District had an opportunity to nominate someone they considered to be a potential leader, who would be worthy enough to benefit from leadership training at the State level. Judging took place and, at the Orange District January Council Meeting, our very own Dottie Jensen was presented as the Orange District LEADS candidate! Dottie will join candidates from 18 other Districts throughout California at the upcoming California Federation of Women's Clubs (CFWC) Board Meeting in Milpitas. She will have two days of intense, but fun, leadership training, which includes giving a five-minute speech on a topic chosen by the judges. If she steals the show at CFWC, she would then go on to represent California at the GFWC Convention in Louisville, Kentucky, in June. Congratulations and Good Luck to Dottie!

*Louise Hernandez*

Orange District Leadership Chairman



Congratulations to our YLWC VP Dottie Jensen



*A message from*



**TERRY KUESTER**

Amenities Chairman

## FABULOUS FEBRUARY

Valentines are everywhere! Some of the earliest parties I recall are Valentine's Day parties in elementary school. We had cupcakes and red Hawaiian punch (from a can in those days!). Red and pink construction paper hearts, white paper doilies, and Conversation Heart candies. I bet you remember some of that, as well. And, isn't celebrating L-O-V-E the greatest party of all?

ALSO ... as we celebrate the 111th Anniversary of the Yorba Linda Woman's Club this month, our Lead Hostess will be Lucy Huerta. Hostesses include Cheryl Bowen, Sondia Buscaino, Kim Cantrell, Loui Cronholm, Cindy De Mint, and Joyce Hackman. Thank you, ladies!

Please think about volunteering to hostess if you haven't already done so! It is fun, easy, and an opportunity to meet someone new!

See you at the February 16th meeting; you won't want to miss it!

*Terry Kuester*

Amenities Chairman

### Our January Hostesses L-R:

Heather Laporte, Linda Queen, Diane Watson Beal, Robin Soloman (Edie Israel and Margaret Leverett not shown contributed food items)





*A message from*



**LINDA QUEEN**

Education & Libraries  
Program Chairman

## YLWC 2023 AWARDS NIGHT

We work hard at our twice-yearly craft fairs to raise money for club projects, including the significant funds needed for the Scholarship Program, Teacher Grants, JOYA Scholars, and the high school Art Contest offered to students and teachers in the Placentia-Yorba Linda Unified School District.

In May, we will host a fabulous evening to acknowledge and award these talented and deserving students and dedicated teachers. The room will be filled with an enthusiastic crowd of proud parents; school board members, principals, and counselors, teachers, local dignitaries -- all on hand to offer congratulations. This event is a true highlight of our club year!

**Our 2023 Awards Night will be Tuesday, May 16th, at the Yorba Linda Community Center. Mark your calendar, pick out your best purple shirt, and plan to be there!**

Marcia Willett is Awards Night Chair and the planning committee will begin meeting soon. We need your help to make the celebration really shine! Member volunteers will assist with refreshments, seating escorts, room décor, student and guest check-in, artwork displays, and more. Watch for signups soon.

*Linda Queen*

Education & Libraries Program Chairman

*Celebrate*  
**2023 Awards Night  
Tuesday, May 16th  
Yorba Linda  
Community Center**







*Donations needed*

**CATHY AIKEN**

Environment Chairman

## ENVIRONMENT COMMITTEE

Baby, it's cold outside! **The Environment Committee is collecting old blankets and towels to keep our shelter animals warm this winter.** For safety purposes, the shelter cannot accept quilted blankets or sheets. The towels and blankets will be collected at our January and February General Club meetings.

The **North Orange County Household Hazardous Waste Collection Center** has provided us with a battery collection bucket. Please place any sized, used batteries in the bucket, removing them from any baggies or boxes first. Placing batteries in your regular trash allows the batteries to leak toxic waste and heavy metals into our drinking water.

*Cathy Aiken*

Environment Chairman



Max is enjoying a cozy blanket that had been donated.



Battery Bucket will be at all our General Meetings .

*A special  
thank you from*



**ANNA NICKL**

Giving Children Hope  
Co-Chairmen



**KATIE HRANUELLI**

Giving Children Hope  
Co-Chairmen

## GIVING CHILDREN HOPE

Thank you to all our wonderful Volunteers for participating in our 2023 kickoff volunteering event at Giving Children Hope (GCH). We had a great turnout with **14 Volunteers!** Through the GCH We've Got Your Back Program, over 500 backpacks get delivered to 88 schools across Orange, Los Angeles, and San Bernardino Counties on a weekly basis. The backpacks provide families with nutritional food for the weekend. They are filled with essential food items, including canned goods, pasta, rice, beans, dried fruit, and nuts. Our Volunteers grabbed a shopping cart and helped fill over 275 backpacks. We also had the opportunity to prep the backpacks for packing, which consisted of inspecting the backpacks for wear & tear as well as cleaning about 150 backpacks. **We're scheduled to volunteer at GCH on the last Tuesday of each month, and our next date is February 28th.** We hope you can join us next time for such a good cause and a great way to get to know our YLWC members.

*Anna Nickl & Katie Hranuelli*

Giving Children Hope Chairmen



giving CHILDREN  
**HOPE**



Join our YLWC  
team



**LOUISE HERNANDEZ**

Health & Wellness Chairman

## REACH FOUNDATION 5K

I have been contacted by the REACH Foundation about organizing a Yorba Linda Woman's Club Team for their upcoming 5K fundraiser. Consider this your personal invitation! Proceeds benefit PYLUSD students, including the Middle School Track Meet, Educator Grants, STEAM Programs and more!

Turns out there is something special about walking 10,000 steps a day. As we have begun a new year, I thought this would be good Health & Wellness news to share. Below is a Web MD article from October 5, 2022.

It became conventional wisdom, in many fitness circles a few years ago, that we should all try to take 10,000 steps a day. With daily fitness trackers keeping count, many people tried to hit that number – and some occasionally wondered if 10,000 was, in fact, some kind of important number. Turns out: Yes, it is, according to new research. A study found that walking about 10,000 steps a day was linked to less cardiovascular disease (heart disease, stroke and heart failure), 13 types of cancer, and dementia. Taking 10,000 steps is about the same as walking four or five miles, depending on your stride. Still, the new research says you don't have to take that many to get health benefits. For example, 9,800 steps lower the risk of dementia by 50 percent, the research suggests, but taking just 3,800 a day lowers it by 25 percent. A companion study in the *JAMA Internal Medicine Journal* found that, for every 2,000 steps a day, you could lower your risk of premature death by 8% to 11%. "Both studies involved about 78,500 participants, all middle age and older, who wore a device on their wrist to measure physical activity and whose health was monitored for a median of seven years," the *Washington Post* reported. A higher intensity of walking increased the health benefits, too, the studies found. "Walking at a faster pace was linked to a lower risk for dementia, heart disease, cancer and early death, beyond the benefit accrued for the number of daily steps," *The Post* wrote. "The take-home message here is that, for protective health benefits, people could not only ideally aim for 10,000 steps a day but also aim to walk faster," said co-lead author Matthew Ahmadi, research fellow at the University of Sydney.

### REACH Foundation Shamrock 'n Run 5K (most of us walk)

Sunday, March 19th - 8 a.m. – 11 a.m., includes pancake breakfast, Yorba Regional Park \$36.00 (price increases after February 18th)

**To join the team, click on link below. Click on Teams (top right). Scroll down to Yorba Linda Woman's Club and click Join to register.**

[https://reach4pylUSD.us8.list-manage.com/track/click?](https://reach4pylUSD.us8.list-manage.com/track/click?u=8f082e7cf3c989fe8f986a2d2&id=982d5f6019&e=817346c937)

[u=8f082e7cf3c989fe8f986a2d2&id=982d5f6019&e=817346c937](https://reach4pylUSD.us8.list-manage.com/track/click?u=8f082e7cf3c989fe8f986a2d2&id=982d5f6019&e=817346c937)

*Louise Hernandez*

Health and Wellness Chairman



*Messages from*



**AILEEN BAKER & ANDREA HAGEN**

Sew Kind, Co-Chairmen



**JACKIE MCPHEETERS**

Threads of Love, Chairman

## SEW KIND & THREADS OF LOVE

As many of you know, the two sewing groups were featured at the Speed Tables at the January General Meeting. We thank those who stopped by to learn more about these projects.

In January, the Sew Kind group of ladies worked on the Adult Bibs they make for the Vitas Hospice Healthcare Organization. First, the ladies cut them out, and then some of the bibs were taken home to sew. In addition, we occasionally make pillowcases to brighten things up for the patients in hospice care.

I am sure all those who visited the Threads of Love table were impressed with all the work that the ladies in that group do for the preemie babies in the area hospitals. For example, the ladies make hundreds of the Isolette Covers, which help protect newborns from noise and light.

### **The next workshops are:**

#### **Sew Kind**

February 2 - 1:00-3:00 p.m. in the Clubroom

#### **Threads of Love**

February 9 - 1:00-3:00 p.m. in the Clubroom

*Aileen Baker and Andrea Hagen*

Sew Kind, Co-Chairmen

*Jackie McPheeters*

Threads of Love, Chairman



**What we  
make with  
our hands  
we give of  
our  
hearts!**



L- R: Aileen Baker, Margit Ischovitsch, Heather Laporte, Linda Shea, and Andrea Hagen



*A message from*



**CINDY DE MINT**

Socialite Luncheons Chairman



**NANCY CAPEL**

Socialite Dinner Co-Chairmen



**LUCY HUERTA**

Socialite Dinner Co-Chairmen

## SOCIALITE LUNCH

The YLWC Luncheon was held in January at Nikki's Kitchen. We had 27 ladies in attendance. The food was delicious and Breakfast is now served all day! We were all having so much fun socializing, not one photo was taken.

Please join us next month to for the fun. **Feburary 8th at Esther's Taco House, 2001 E Orangethorpe Ave., Placentia.** Esther's just celebrated their 25th Anniversary and we want to support them in our community.

RSVP is a must and we will cut off at 30 and start a waiting list. Let me know. Cindy De Mint [cindyocataxia@gmail.com](mailto:cindyocataxia@gmail.com).

*Cindy De Mint*  
Socialite Luncheons Chairman

## SOCIALITE DINNER

The **February 23rd dinner is at Fish in a Bottle, 1205 E. Imperial Hwy., Placentia** (at the corner of Rose and Imperial) at 6:00. p.m. We will be seated inside and have separate checks.

Although they have a huge sushi/sushi roll menu, their regular menu is also wonderful.

Try the hanger steak, the crab cakes, or a wonderful chicken salad.

RSVP to Nancy Capel [ncapel4348@gmail.com](mailto:ncapel4348@gmail.com) or Lucy Huerta [lucyhuerta@ymail.com](mailto:lucyhuerta@ymail.com), let's go have fun.

*Nancy Capel & Lucy Huerta*  
Socialite Dinner Co-Chairmen

If you RSVP and cannot attend, please let us know at least a day ahead, if possible. These restaurants will be providing special seating and staff to accommodate our numbers.

*A message from*



**CHERYL BOWEN**

Yorba Linda Lights Editor



**LOUISE HERNANDEZ**

Yorba Linda Lights, Co-Editor

## NEWSLETTER INFORMATION

### Helpful tips:

- Please email your article to Cheryl Bowen, for March's newsletter, on or before **FEBRUARY 24th**.
- Create a descriptive title that states your subject matter (two to four words).
- Create your article in a Word document and attach it to your email. If you include pictures, **do not incorporate them in the Word document** but attach photographs separately.
- If you are attaching an image, we have the discretion of not including the image/picture in our newsletter.
- If your article is a request for volunteers for an upcoming event, include dates, times, locations, and a brief description of what the volunteers will be asked to do.
- Word count is a minimum of 150 words and a maximum of 200 words, if you are submitting pictures. If text only, the maximum word count is 375.
- When submitting your article, please attach a color photo of you to be inserted into your article. (If we already have a photo, you do not have to submit another.)

## HOW TO CONTACT YLWC

For the safety and privacy of our Yorba Linda Woman's Club members, we do not include telephone numbers or other contact information in Yorba Linda Lights newsletters. To contact one of our members, please use your Yearbook or go to our [website](#) to our Membership page and click on Current Members.

**"The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart." - Helen Keller**

*Cheryl Bowen & Louise Hernandez*

Yorba Linda Lights, Editor and Co-Editor





# MEMORIES ARE THE TIMELESS TREASURES OF THE HEART



Socialite dinner at Il Trullo Ristorante



January's Guest Speaker Mauri Ramirez from Orange County Rescue Mission with Denise Kimani, and Louise Hernandez



# MEMORIES ARE THE TIMELESS TREASURES OF THE HEART



Our Yorba Linda Woman's Club **SUPER WARRIOR 5K**

**walkers:** Kathy Carswell, Louise Hernandez, Lucy Huerta, and Dottie Jensen, Tonya Lindersmith, Nicole Leyva

**Pictures were taken by:** Sam Carswell and High Rollers (Heather Laporte's son).

Get involved join us on Sunday, March 19th for the REACH Foundation Shamrock 'n Run 5K! Sign up now by [clicking here](#).







# FEBRUARY

DATES TO REMEMBER

Club Related

Holidays

Monthly Events

Special Events

## EVENTS AT A GLANCE



### FEBRUARY BOOK CLUB

You're invited to our monthly Book Club.

"Reading is a conversation. All books talk."

Connect with some of our members on:

**February 7**

**9:30 a.m.**

Community Center Clubroom

For more information, contact: **Sandy Weinrich**



### SOCIALITE LUNCH/DINNER

Lunch 2/8 – 11:30 a.m.

Esther's Taco House, Placentia

Dinner 2/23 – 6:00 p.m.

Fish in a Bottle, Placentia

**RSVPs are a must! Cindy De Mint (lunch), Lucy Huerta or Nancy Capel (dinner)**

S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	1	2	3	4

- 2/2 – Sew Kind/Clubroom 1 p.m.
- 2/2 – Groundhog Day
- 2/7 – Book Club/Clubroom 9:30 a.m.
- 2/8 – Socialite Luncheon
- 2/9 – Threads of Love/Clubroom 1 p.m.
- 2/9 – Board Meeting/Clubroom 7 p.m.
- 2/9 – National Pizza Day
- 2/11 – Quartermania – District Fundraiser
- 2/12 – Super Bowl
- 2/14 – Valentine's Day
- 2/16 – General Meeting/Yorba Room  
Social Hour 6 p.m.  
General Meeting 7 p.m.
- 2/20 – President's Day
- 2/23 – Socialite Dinner – 6 p.m.
- 2/24 – Newsletter Article Due for March