

YORBA LINDA LIGHTS THE NEWSLETTER OF THE YORBA LINDA WOMAN'S CLUB



APRIL 2023 | VOLUME 53 | ISSUE 9



DATES TO REMEMBER

- 4/14 Orange District Convention
- 4/20 General Meeting/ Social 6 p.m. Meeting 7 p.m.
- 4/25 Newsletter Articles Due for May



REMINDERS

- 4/4 Book Club/Clubroom 9:30 a.m.

- 4/11 Bunco 7:00 p.m.
 4/12 Socialite Lunch 11:30 a.m.
 4/13 Threads of Love 1 p.m.
- 4/27 Socialite Dinner 6 p.m. (TBD)



- 4/5 Cathy Aiken
- 4/17 Connie Allred, Dori Myers
- 4/19 Ans Varenhorst
- 4/25 Karlene Ballard

MEMBER OF THE GENERAL FEDERATION OF WOMEN'S CLUBS

A letter from the President

THINK POSITIVE, BE POSITIVE

"What you do makes a difference, and you have to decide what kind of difference you want to make." Jane Goodall

Congratulations on another successful Spring Craft Fair! It is incredible the amount of work it takes to organize. Each one on the committee deserves a huge thank you for their time and efforts! Each one makes a difference, and we're glad they decided to spend that effort on the Craft Fair. It's wonderful to know how many students/programs will benefit from their efforts.

Each member can decide how they would like to make a difference. Our club has so many opportunities to choose from. Contact the Program Chair or Dottie Jensen, our Dean, for more information. At each General Meeting, a short list of the projects and organizations we work with is on each table.

Another way to make a difference is to visit any of our social activities – lunches, dinners, Bunco, or Women Out Walking (WOW). Getting to know the other members, finding out how working on these projects has affected them, and how you can be a part of that. Making new friends is an added benefit!

We are looking forward to the CFWC Orange District Convention this month. Lots to learn, share, and enjoy!



aycee Stack

A message from



DOTTIE JENSEN 1st VP (Dean)

PROGRAMS AND PROJECTS

I am so proud of the members who have attended the special events in Yorba Linda this Month. The day before the Pat Nixon Day of Service, I received a call requesting Yorba Linda Woman's Club to come and participate. I made several calls and texts, and 7 of you ladies showed up in **PURPLE**. Thank you so much. We were mentioned as the **"Ladies in Purple"** from Yorba Linda Woman's Club.

The following Thursday, I received a request that the YLWC members attend the renaming of the Yorba Linda Post Office to honor two Marines from Yorba Linda who had died in service, R.J. Cottle and Rick Centanni. The building is now known as the COTTLE CENTANNI Post Office Building: It was a very moving ceremony (See more in an article from Sue Garvey, Chairman for Civic Engagement & Outreach). I was thrilled to see 14 YLWC members who came to the ceremony, mostly dressed in **PURPLE**.

My goal this upcoming year is that YLWC will be represented at all special events for the City of Yorba Linda. We make a big impression when we have ladies dressed in **PURPLE** supporting our community. So please let me know if you want to be on my "last minute" call or text for special events.

Thanks to all of our members.

Dottie Jensen

1st VP (Dean)

GUEST SPEAKER

For our April General Meeting on April 20, our Chairman of Environment, Cathy Aiken, has invited **Francine Bangert from OC Waste & Recycling to be our guest speaker**.

Francine is the Public Communications Manager and Public Information Officer for OC Waste & Recycling, overseeing all external public communication and strategies. As the PIO, she provides an essential service, managing media relations, communications, community relations, and social media for three landfills, four household hazardous waste centers, and two compositing facilities.

In addition, Kathi Angus, a YLWC member, will direct us in a clever, fun game relating to recycling. You will not want to miss this night.

Guest Speaker



FRANCINE BANGERTT OC Waste & Recycling

A message from



NIKKI WARE + NICOLE LEYVA

2nd VP Membership Co-Chairmen

MEMBERSHIP RENEWAL MONTH

Click here https://forms.gle/vJwTo1bPDnKKj3hr6 to go to our 2023-2024 Membership Renewal Form; fill out all information and choose your renewal classification option.

Thank you to all of you who have already renewed your membership. Please fill out the form above if you renewed your membership at the general meeting and would like to make changes to your yearbook information for 2023-2024. If all your current information is correct, there is no need to fill out a new form online.

Per our club bylaws: Annual dues for all membership categories, excluding Honorary and Life Members, are payable on April 1 and delinquent after May 1. Any members whose dues are not paid by June 1 shall be dropped from the membership roster.

Congratulations to our Star Recruiter for March: Dottie Jensen, who brought in several new members at the last meeting and a few guests!

Payment Options:

- 1. Note: Renewal payment option for credit cards is NOW available online.
- 2. We will be accepting cash, checks and/or credit card payments at the April General Meeting.
- 3. You may also mail a check to Nikki Ware (address in the Club Yearbook), made payable to Yorba Linda Woman's Club. Deadline to renew is April 1, 2023.

Nikki Ware+& Nicole Leyra 2nd VP Membership Co-Chairmen



A message from



DEBBI PURPURA Director of Finance

FINANCIAL UPDATE

Happy Spring!

With the two craft fairs being successful this club year, our bank balance is looking very good. As of March 31, 2023, we have \$73,654.57 in the bank. This does not include everything from the Spring Craft Fair. We will have a complete accounting for the Craft Fair at our next General Meeting.

The Budget Committee met on Thursday, March 30, and will have recommendations for the Board and then the General Meeting on April 20. Please make sure you attend to find out the recommendations from the committee and vote.

Deppi Purpura Director of Finance

YLWC T-SHIRTS - SHOP YOUR STYLE

There are 9 different styles to select from. You can purchase short or long sleeves, v-neck, scoop neck, and yes, ladies, some t-shirts have bling!

Click on Shop Now and order your t-shirt today! For password and questions, email: Lisa Scheible

	1. Short Sleeve V-Neck Silk Screen	\$18.50	
	2. Short Sleeve Scoop Neck Silk Screen	\$18.25	
	3.Long Sleeve V-Neck Silk Screen	\$19.50	1011
	4. Short Sleeve V-Neck Bling	\$19.50	
	5. Short Sleeve Scoop Neck Bling	\$19.25	
	6.Long Sleeve V-Neck Bling	\$20.50	
	7. Short Sleeve V-Neck Glitter	\$18.00	
100	8. Short Sleeve Scoop Neck Glitter	\$17.75	Sec. 17
	9.Long Sleeve V-Neck Glitter	\$19.00	



Thank you YLWC



CINDY DE MINT Opportunity Baskets Chairman

SPRING CRAFT FAIR 2023

The Spring Craft Fair 2023 started in the rain but was a sunny and wellattended weekend.

Thank you to all the ladies on my Team:

- Cathy Aiken
- Laura Armstrong
- Karlene Ballard
- Joyce Hackman
- Laura Metsker
- Amy Rosas

All your work behind the scenes and the weekend did not go unnoticed. Thank you to all the YLWC for your generous donations of full baskets, smaller items, and gift cards. With your help, the raffle made over \$5,000!!

A big thank you to our community that also donated many great items.

Cindy De Mint Opportunity Baskets Chairman



Craft Fair Basket Opportunities

A message from



TERRY KUESTER Amenities Chairman

BLOOM WHERE YOU'RE PLANTED

What could be more lovely? A little sunshine and temperatures in the 75° range! I'm starting to crave time working in the yard, and maybe some travel. I want to be outside! What are your springtime plans? Are you hosting an Easter dinner?

Did you find a treasure (or two) at the Craft Fair? Maybe a unique and perfect gift for someone special? Did you win one of the fabulous opportunity baskets? A very sincere thank you to everyone who devoted many hours to planning, preparing, and organizing this event for the benefit of our scholarship awards and other projects – we appreciate you! And guess what? Our vendors love us!

Our current Club Year is winding down, and it has been wonderful. We have accomplished so many important things in our community – and had a lot of fun doing so! In preparation for the upcoming 2023-2024 Club Year, I will have sign-up sheets available for monthly Lead Hostess and Hostesses. Please commit as soon as possible to whatever month works best for you. Unless you are a Contributing Member or Board Member, **we all share the responsibility to act as Hostess only one time per Club Year (June – May, no meetings in July, August, or December).** It's a very simple and an easy way to meet other members and/or plan with friends. We have enjoyed delicious food and fun decor! It's the Hospitality portion of our meeting!

Our Lead Hostess for the April 20 General Meeting will be Louise Hernandez. Assisting Louise will be Angie Cohen, Linda Fredrickson, Margit Ischovitsch, Janice Lim, Laura Metsker, and Geneva Slawson.

Thank you all so much!

"Keep Your Face to the Sunshine and You Cannot See a Shadow." - Helen Keller

Wishing you a lovely April,

lerry Knester

Amenities Chairman

A message from

ANN TEST Working Wardrobes VetNet Chairman

VETNET/WORKING WARDROBES

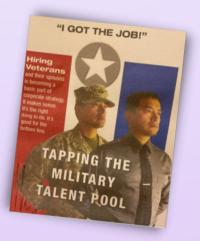
Our initial work with VetNet/Working Wardrobes has been very successful. In September, we were able to donate over \$450 in professional clothing for men and women. We declared November to be our 'Veterans' Month, and donated almost \$1,000 in professional attire to this very worthy organization. Additionally, we were privileged to have a guest speaker at our November general meeting, retired Marine, Sgt. Michael Barrett, Director of VetNet. He shared the many ways that this organization reaches out to our country's brave veterans and their families, as well as the transitioning service members from Camp Pendleton. This agency uses peer navigation (other veterans) to provide job training, career readiness, job placement, **professional wardrobes (that's us!**), housing referrals, and behavioral health referrals.

In support of our role with this agency, our April general meeting will again feature the collection of clean professional dress for men and women – for their entrance into the world of work. Bring suits, dresses, dress shirts and blouses, pant suits, sport coats, slacks and more. Also consider business casual, shoes, handbags, and accessories. All clothing must be on hangers and all other items must be in bags – easier for us to handle in transition to the donation center!

As we gather these items together for our April 20th meeting, let us remember those veterans we support. Our small sacrifices and donations simply propel our veterans on to a more secure and strong future.

Ann Test

Working Wardrobes VetNet Chairman







DINAH O'BRIEN Domestic Violence Awareness and Prevention Chairman

WEAR JEANS SHOW YOUR PROTEST AGAINST SEXUAL VIOLENCE.

WHAT IS DENIM DAY

I am encouraging all club members to wear denim to the April meeting as a show of support for survivors of sexual assault. If you haven't heard about Denim Day, please read below, and let's make a statement at our next meeting!

"Do you know what Denim Day is? Do you know how "DENIM DAY" came about? Denim Day was started to bring about Sexual Assault Awareness and Prevention education to communities.

In 1990, a young 18-year-old girl learned to drive with a 45-year-old instructor. He took her to a secluded road, where he forcibly removed her jeans and raped her. He took her home, where he threatened her; if she told anyone, he would kill her. However, she did tell her parents, and she went to the authorities with their support. The perpetrator was arrested and prosecuted. He was sentenced to jail. But the story doesn't end there. He appealed the sentence, and the Supreme Court of Italy reversed the verdict. Charges were overturned and dismissed, and the "Perpetrator, deemed innocent," was released from jail. The Chief Judge agreed and made a comment, "because the victim wore very, very tight jeans, she had to help him remove them, and by removing the jeans, it was no longer rape, but consensual sex." The ladies of the Italian Parliament were enraged over the decision and immediately protested by wearing jeans to work. The news of what the ladies in the Parliament did reached the California State Assembly, where these women followed suit and wore jeans to work.

In 1999, Patricia Giggans, the Executive Director of PEACE OVER VIOLENCE, founded and created "DENIM DAY" in Los Angeles. PEACE OVER VIOLENCE is "a sexual and domestic violence, stalking, child abuse, and youth prevention center." Ms. Giggans has worked hard to change attitudes and social preconceptions regarding sexual violence. Ms. Giggans started a "MOVEMENT" that is still going strong today to bring Awareness to Sexual Assault. **April is Sexual Assault Awareness Month**. This year DENIM DAY is April 26, 2023. Show your support... Don't forget to wear your DENIM jeans and "stand in support of survivors and educate yourself and others about sexual violence."

Dinah (VBrien

Domestic Violence Awareness and Prevention Chairman



CATHY AIKEN Environment Chairrman



ENVIRONMENT COMMITTEE

In celebration of Earth Day (April 22), the Environment Committee has invited a speaker from Orange County Waste and Recycling to speak to us about the new refuse laws as well as what waste goes in which bin and how we can help. Please come to the April club meeting with any questions.

Earth Day will be celebrated on April 22, 2023. The theme is "Invest in our planet." Here are some Earth Day activities for you and your family to enjoy while learning how to be Earthwise:

- Celebrate Earth Day on April 15 at the Quail Hill Community Center in Irvine while taking a guided hike, watching a composting demonstration, and doing other hands-on activities.
- Recycle for Vets is sponsoring a beach clean-up on 4/22. You will meet at Newport Pier. The event is from 9 to 11:30. Supplies are provided, or you can bring your own. You need to register through Eventbrite.
- For more information, please see <u>www.recycleforvets.com</u>.
- Please go to enjoyorangecounty.com or put in 2023 Earth Day celebrations in Orange County for more activities being offered. Or your family and friends can:
- Visit a nature center to learn more about local wildlife and plant life.
- Participate in a community clean-up of a park or beach
- Plant a tree or garden
- Go and see wildflowers
- Plant a butterfly habitat or pollinator garden in your yard or in a pot on your patio
- Visit an aquarium and learn about marine life conservation

We also have numerous trails and county parks near us to enjoy as well:

- Yorba Regional Park (wheelchair access/suitable for kids)
- Oak Canyon Nature Center with an interactive nature center (good for kids)
- Santiago Oaks Regional Park
- Weir Canyon Trail
- Peters Canyon Trail
- Irvine Regional Park (good for kids)
- Carbon Canyon Regional Park

Make every day an Earth Day. Please invest in our planet.

attry Aiken

Environment Chairman



Messages from



AILEEN BAKER & ANDREA HAGEN Sew Kind, Co-Chairmen



JACKIE MCPHEETERS Threads of Love, Chairman

SEW KIND & THREADS OF LOVE

We have had plenty of March showers, but April showers will bring the ladies in both sewing groups busy working to "shower" the various charities with their sewn items.

In March, the Sew Kind ladies were cutting out pillowcases that will be given to Vitas Hospice Organization. The pillowcases will help brighten the lives of those in hospice care.

All members are invited to join the workshops to help with the projects. It might include cutting out items, putting cords or ribbons to close some bags, stuffing doll heads, sorting fabric, etc., or even doing some sewing if desired. No sewing experience is needed. There are other jobs to be done.

Do you know what a "Lovie Doll" is? Come to the Threads of Love workshop to find out and help get more of them made. They are a constant need for the preemie babies.

The next workshops are:

Sew Kind APRIL 6 - 1:00-3:00 p.m. - Clubroom

Threads of Love APRIL 13 - 1:00-3:00 p.m. - Clubroom

Aileen Baker and Andrea Hagen Sew Kind, Co-Chairmen

Jackie Mcpheeters

Threads of Love, Chairman

All members are invited to join the workshops!

"Beautiful things come together one STITCH at a time!" Greetings from



SUE CYPRIEN-GARVEY Civic Engagement & Outreach Chairman

COTTLE CENTANNI POST OFFICE

The Yorba Linda Woman's Club was proudly represented at the dedication of the Cottle Centanni Post Office on March 17, 2023. The Post Office was renamed in honor of Sgt. Major Robert Cottle and Lance Corporal Rick Centanni. These men lost their lives in a roadside bombing in Afghanistan on March 24, 2010. They served with honor and distinction and represented the best Yorba Linda has to offer our country. The event was emceed by Colonel Wayne Scott, USAF (Retired), and attended by the Cottle and Centanni families. Many dignitaries, including Mayor Gene Hernandez, District Attorney Todd Spitzer, and US Representative Young Kim, were present. Representative Kim, the catalyst for getting this approved in Congress, stressed that this truly took an act of Congress to accomplish. It's hard to imagine any men more deserving of this honor than these two. The Woman's Club was there to support the Cottle and Centanni families and to show our appreciation for the sacrifice they made on behalf of a grateful nation.

Gue Cyprien-Garrey Civic Engagement & Outreach Chairman

WELCOME TO

THE DEDICATION OF THE YORBA LINDA POST OFFICE

March 17, 2023



U.S. Marine Corps Sgt. Major Robert J. Cottle and Lance Cpl. Rick J. Centanni,





The Yorba Linda Woman's Club attends the Dedication of the Cottle Centanni Post Office.





ANNA NICKL Giving Children Hope Co-Chairmen



KATIE HRANUELLI Giving Children Hope Co-Chairmen

GIVING CHILDREN HOPE

Thank you to all our members who continue to support Giving Children Hope (GCH) through volunteering and cereal/snack drives. GCH always looks forward to our monthly volunteering and appreciates our cereal donations. We've had a great turnout of volunteers ready to roll up their sleeves and help. **Please mark your calendars for Tuesday, April 25th, and join us to pack backpacks at Giving Children Hope.**

A signup sheet will be at our April meeting, and cereal donations would be much appreciated. Thank you,

Anna pickl & Katie Hrannelli

Giving Children Hope Chairmen

Wall of Hope



A message from



LOUISE HERNANDEZ Health & Wellness Chairman

MOVE IT OR LOSE IT

Back in the day, I sat on the Board of Directors for the Yorba Linda-Placentia Family YMCA (now Fullerton Family YMCA). In 2004, the YMCA wanted to expand their programs to benefit all seniors, by offering a chair fitness class. Having always been interested in health & wellness, I jumped at the chance to kickstart this program, and became a certified instructor. The name/theme of the program was Move It or Lose It. Besides the chair exercises, the seniors danced in place for a few minutes, then took a stroll/walk around the facility. I have to thank Pat Porter, one of my first participants, for introducing me to the Yorba Linda Woman's Club. Pat was Club President and asked me to present my program at a General Meeting. I was very impressed with the mission of the YLWC and I joined in 2007.

This is a perfect opportunity to remind you that National Walking Day is on April 5th. In 2007, this day was established by the American Heart Association, and still seeks to raise awareness about the benefits of walking. This day encourages everyone to take at least 30 minutes to go for a walk because walking can help lower the risk of heart disease and stroke. It can also help with maintaining a healthy weight.

The average person walks up to 115,000 miles in their lifetime, enough to walk around the earth four times. According to the Mayo Clinic, a short 30minute walk can help improve cardiovascular fitness, increase energy levels, strengthen your immune system, and help you lose body fat. According to arthritis.org, walking often can help stop the loss of bone mass for those with osteoporosis. For example, a study of postmenopausal women found that 30 minutes of walking daily reduced their risk of hip fractures by 40%. On National Walking Day, kickstart your health and go for a walk, encourage friends and family to join you, and enjoy some fresh air.

To this day, I believe that exercise and volunteering are the keys to longevity and wellness. My Senior Fitness Class grew to 35 members over five years, and quite a few joined the YLWC. Heather Laporte is our WOW (Women Out Walking) Chair and, on Tuesday and Friday mornings, club members join her (promptly at 8:30 a.m.) to walk 2.2 miles along the trail from the west side of the Community Center to Rose Drive. No appointment necessary; just show and go. Move it or lose it!

Louise Hernandez

Health and Wellness Chairman

Start walking with the YLWC Women Out Walking (WOW) on Tuesday and Fridays at 8:30 a.m. Contact Heather LaPorte for more information.







CINDY DE MINT Socialite Luncheons Chairman



NANCY CAPEL Socialite Dinner Co-Chairmen



LUCY HUERTA Socialite Dinner Co-Chairmen

SOCIALITE LUNCH

Our April luncheon will be at America's Diner, the new Denny's! Private room dining is offered, with separate checks on request. If weather permits, we will try to take a group photo of the mural outside.

> **Denny's** 17568 Yorba Linda Blvd. Yorba Linda, CA 92886 April 12, Wednesday 11:30 a.m.

RSVP is a must and we will cut off at 30 and start a waiting list. Let me know. Cindy De Mint.

Cindy De Mint Socialite Luncheons Chair

SOCIALITE DINNER

The dinner at Mimosas was lovely, and we all enjoyed the food and the company. The dinner for April will be at the:

> Lone Wolf 8210 Yorba Linda Blvd Yorba Linda April 27, Thursday 6:00 p.m.

We will sit on the patio with heaters, but the weather should be nice by then.

The menu is now very large, and I am sure everyone will find something they like. In addition, they have expanded their wine list and serve cocktails, so there is something for everyone.

Please email Nancy Capel or Lucy Huerta and let us know you are attending. Thank you,

Mancy Capel & Lucy Huerta

Socialite Dinner Co-Chairmen

If you RSVP and cannot attend, please let us know at least a day ahead, if possible. These restaurants will be providing special seating and staff to accommodate our numbers.

PHOTOS ARE THE RETURN TICKETS TO UNFORGETTABLE MEMORIES



L-R: YLWC, Ann Test, and Audra Ross. Audra teaches at El Dorado High School and is a recipient of one of this year's Teacher Grants. Bunco Night L-R: Kaycee Stack, Heather Laporte, Karlene Ballard, Aileen Baker, Margie Donovan





Shamrock Walk 'N Run L-R: Janice Lim, Beth Haney, Heather Laporte, Carrie Buck, Lucy Huerta, Dottie Jensen, Louise Hernandez, Leslie Sorrells

Louise Hernandez presented Dottie Jensen with her certificate for OD Leads Candidate



YLWC members at the Orange District Meeting. Karlene Ballard with her winning photo submission.



L-R: Dottie Jensen, Lucy Huerta, Louise Hernandez, Marjory Thayer (celebrating 100 years young and was a member of YLWC 50 years ago), and Kaycee Stack A message from



CHERYL BOWEN Yorba Linda Lights Editor



LOUISE HERNANDEZ Yorba Linda Lights, Co-Editor

NEWSLETTER INFORMATION

Helpful tips:

- Please email your article to Cheryl Bowen, for May's newsletter, on or before April 25th.
- Create a descriptive title that states your subject matter (two to four words).
- Create your article in a Word document and attach it to your email. If you include pictures, **do not incorporate them in the Word document** but attach photographs separately.
- If you are attaching an image, we have the discretion of not including the image/picture in our newsletter.
- If your article is a request for volunteers for an upcoming event, include dates, times, locations, and a brief description of what the volunteers will be asked to do.
- Word count is a minimum of 150 words and a maximum of 200 words, if you are submitting pictures. If text only, the maximum word count is 375.
- When submitting your article, please attach a color photo of you to be inserted into your article. (If we already have a photo, you do not have to submit another.)

HOW TO CONTACT YLWC

For the safety and privacy of our Yorba Linda Woman's Club members, we do not include telephone numbers or other contact information in Yorba Linda Lights newsletters. To contact one of our members, please use your Yearbook or go to our <u>website</u> to our Membership page and click on Current Members.

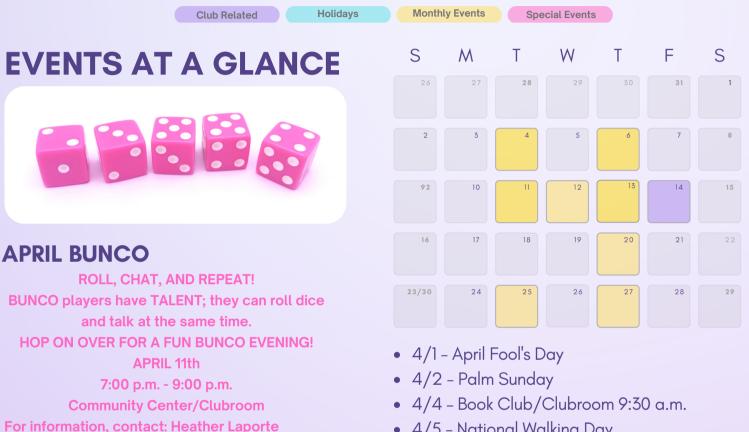
> May all your Easter baskets be full of chocolate and happiness.



Cheryl Bowen and Louise Hernandez

Yorba Linda Lights, Editor and Co-Editor







SOCIALITE LUNCH & DINNER

Join us for Lunch April 12 | 11:30 a.m. **Denny's** 17568 Yorba Linda Blvd., Yorba Linda

Join us for Dinner April 27 | 6 p.m. Lone Wolf 18210 Yorba Linda Blvd., Yorba Linda

- 4/5 National Walking Day
- 4/6 Sew Kind/Clubroom 1 p.m.
- 4/9 Easter Sunday
- 4/11 Bunco/Clubroom 7:00 p.m.
- 4/12 Socialite Lunch 11:30 a.m.
- 4/13 Threads of Love/Clubroom 1 p.m.
- 4/13 Board Meeting/Clubroom 7 p.m.
- 4/14 Orange District Convention
- 4/20 General Meeting/Yorba Room Social Hour 6 p.m. General Meeting 7 p.m.
- 4/22 Earth Day
- 4/25 Newsletter Article Due for May
- 4/27 Socialite Dinner 6 p.m.
- 4/28 Arbor Day